




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for **covered health care services**. **NOTE:** Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately.

**This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, call (816) 756-3313. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary/> or call (816) 756-3313 to request a copy.

Important Questions	Answers	Why This Matters:
<b>What is the overall <a href="#">deductible</a>?</b>	<a href="#">In-Network</a> *: \$1,250/individual or \$2,500/family *Certain <a href="#">Out-of-Network claims</a> are treated as <a href="#">In-Network claims</a> as required by No Surprises Act.	Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
<b>Are there services covered before you meet your <a href="#">deductible</a>?</b>	Yes. <a href="#">In-Network</a> Nurse Practitioner Retail Clinic Visit Benefit, <a href="#">In-Network</a> Organ & Tissue Transplant, <a href="#">In-Network Urgent Care</a> , Teladoc Virtual, <a href="#">Preventive Care</a> , Sword Health virtual physical and pelvic therapy, <a href="#">Prescription</a> and Vision Benefits are covered before you meet your <a href="#">deductible</a> .	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
<b>Are there other <a href="#">deductibles</a> for specific services?</b>	No.	You don't have to meet <a href="#">deductibles</a> for specific services.
<b>What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a>?</b>	<b>Medical</b> <a href="#">In-Network</a> *- \$4,600/individual or \$9,200/family <b>Prescription</b> <a href="#">In-Network</a> - \$4,600/individual or \$9,200/family *Certain Medical <a href="#">Out-of-Network claims</a> are treated as Medical <a href="#">In-Network claims</a> as required by No Surprises Act.	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services.  For medical limit, if you have other family members in this <a href="#">plan</a> , they have to meet their own medical <a href="#">out-of-pocket limit</a> until the overall family medical <a href="#">out-of-pocket limit</a> has been met.  For <a href="#">prescription</a> limit, if you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">prescription out-of-pocket limit</a> until the overall family <a href="#">prescription out-of-pocket limit</a> has been met
<b>What is not included in the <a href="#">out-of-pocket limit</a>?</b>	<a href="#">Premiums</a> , <a href="#">balance billing</a> charges and health care this <a href="#">plan</a> doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <a href="#">network provider</a> ?	Yes.* See <a href="http://www.umar.com">www.umar.com</a> or call (800) 810-2583 for a list of <a href="#">network providers</a> . * <i>Out-of-Network providers may be treated as In-Network providers as required by No Surprises Act.</i>	This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No.	You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care <a href="#">provider's</a> office or clinic	Primary care visit to treat an injury or illness	20% <a href="#">coinsurance</a>	Not covered	Teladoc Virtual Care – no <a href="#">copayment</a> , <a href="#">deductible</a> or <a href="#">coinsurance</a> . Teladoc Virtual Care is an <a href="#">In-Network</a> Benefit only – no coverage for any other telemedicine program.
	<a href="#">Specialist</a> visit			-----none-----
	<a href="#">Preventive care/screening/immunization</a>	No charge	Not covered	You may have to pay for services that aren't <a href="#">preventive</a> . Ask your <a href="#">provider</a> if the services needed are <a href="#">preventive</a> . Then check what your <a href="#">plan</a> will pay for. For specific benefits and limitations, see the <a href="#">Plan</a> Document.*
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	20% <a href="#">coinsurance</a>	Not covered	-----none-----
	Imaging (CT/PET scans, MRIs)			Subject to review for <a href="#">medical necessity</a> .

\*For more information about limitations and exceptions, see summary plan description (SPD).

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<p><b>If you need drugs to treat your illness or condition</b> More information about <a href="#">prescription drug coverage</a> is available by calling Sav-Rx Prescription Services at (800) 228-3108.</p> <p>Active and Non-Medicare Retirees may also get additional information at <a href="http://www.savrx.com">www.savrx.com</a>.</p>	Generic <a href="#">drugs</a>	Retail – \$10 Retail 90 Days – \$25 Mail Order – \$25	Not covered	<p>No <a href="#">deductible</a> on <a href="#">Prescription</a> Benefits.</p> <p>Present <a href="#">Prescription Drug</a> Card at time of retail purchase. If Card is not presented, may submit receipt for reimbursement.</p> <p>Active and Non-Medicare Retiree Retail is up to 34-day supply.</p> <p>Retail 90 Days is available at all Sav-Rx “walk-in” <a href="#">network</a> pharmacy locations.</p> <p>All Mail Order is 90-day supply.</p> <p>If generic equivalent is available; you will be required to pay the applicable <a href="#">copayment</a> plus the price difference between the generic <a href="#">drug</a> and the <a href="#">formulary</a> brand name <a href="#">drug</a>.</p> <p><a href="#">Prescriptions</a> for maintenance medication must be obtained through the mail order service after the initial fill and two refills.</p> <p>See the <a href="#">Plan</a> for <a href="#">Prescription</a> Exclusions.*</p>
	Preferred brand <a href="#">drugs</a>	Retail – Greater of \$30 or 25% of <a href="#">drug</a> cost Retail 90 Days – Greater of \$75 or 25% of <a href="#">drug</a> cost Mail Order – \$60 or 25% of <a href="#">drug</a> cost		
	Non-preferred brand <a href="#">drugs</a>	Retail – Greater of \$50 or 40% of <a href="#">drug</a> cost Retail 90 Days – Greater of \$125 or 35% of <a href="#">drug</a> cost Mail Order – \$100 or 35% of <a href="#">drug</a> cost		
	<a href="#">Specialty drugs</a>	Generic – \$10 Preferred brand – Greater of \$30 or 25% of <a href="#">drug</a> cost Non-Preferred brand – Greater of \$50 or 40% of <a href="#">drug</a> cost	Not covered	<p>All <a href="#">specialty drugs</a> require <a href="#">preauthorization</a>.</p> <p>90-day supply is available for certain <a href="#">specialty drugs</a>.</p> <p>See the <a href="#">Plan</a> for <a href="#">Prescription</a> Exclusions.*</p>

\*For more information about limitations and exceptions, see summary plan description (SPD).

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <a href="#">coinsurance</a>	Not covered unless otherwise required by No Surprises Act	-----none-----
	Physician/surgeon fees			
If you need immediate medical attention	<a href="#">Emergency room care</a>	20% <a href="#">coinsurance</a>	Not covered unless otherwise required by No Surprises Act	-----none-----
	<a href="#">Emergency medical transportation</a>			
	<a href="#">Urgent care</a>			Teladoc Virtual Care – no <a href="#">copayment</a> , <a href="#">deductible</a> or <a href="#">coinsurance</a> . Teladoc Virtual Care is an <a href="#">In-Network</a> Benefit only – no coverage for any other telemedicine program.
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <a href="#">coinsurance</a>	Not covered unless otherwise required by No Surprises Act	Semi-private room only. <a href="#">Inpatient</a> stays require <a href="#">preauthorization</a> .
	Physician/surgeon fees			-----none-----
If you need mental health, behavioral health, or substance abuse services	Outpatient services	20% <a href="#">coinsurance</a>	Not covered unless otherwise required by No Surprises Act	Teladoc Virtual Care – no <a href="#">copayment</a> , <a href="#">deductible</a> or <a href="#">coinsurance</a> . Teladoc Virtual Care is an <a href="#">In-Network</a> Benefit only – no coverage for any other telemedicine program. For both inpatient and outpatient treatment, care or treatment must be administered by a duly licensed clinical psychiatrist, Board certified psychologist or counselor working under the direct supervision of a psychologist or psychiatrist.
	Inpatient services			

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you are pregnant	Office visits	20% <a href="#">coinsurance</a>	Not covered unless otherwise required by No Surprises Act	<p><a href="#">Cost sharing</a> does not apply to <a href="#">preventive services</a>. Depending on the type of services, <a href="#">coinsurance</a> or a <a href="#">deductible</a> may apply. Maternity care may include tests and services described elsewhere in this document (i.e. ultrasound). Benefits limited to female Employee or dependent spouse.</p> <p><a href="#">In-patient stay</a> of at least 48 hours (vaginal delivery) or at least 96 hours (cesarean section delivery). Benefits limited to female Employee or dependent spouse.</p>
	Childbirth/delivery professional services			
	Childbirth/delivery facility services			
If you need help recovering or have other special health needs	<a href="#">Home health care</a>	20% <a href="#">coinsurance</a>	Not covered	Limited to 60 visits per Calendar Year. 1 visit is equal to 4 hours. Visits longer than 4 hours in the same day will count for multiple visits.
	<a href="#">Rehabilitation services</a>			Treatment for certain conditions with Sword Health virtual physical and pelvic therapy – no <a href="#">copayment</a> , <a href="#">deductible</a> or <a href="#">coinsurance</a> . All other <a href="#">in-network</a> physical therapy services subject to <a href="#">deductible</a> and <a href="#">coinsurance</a> .
	<a href="#">Habilitation services</a>			Limited to certain speech and occupational therapy services. Treatment for certain conditions with Sword Health virtual physical and pelvic therapy – no <a href="#">copayment</a> , <a href="#">deductible</a> or <a href="#">coinsurance</a> . All other <a href="#">in-network</a> physical therapy services subject to <a href="#">deductible</a> and <a href="#">coinsurance</a> .
	<a href="#">Skilled nursing care</a>			Must be admitted within 7 days of a 3-day Hospital or <a href="#">Skilled Nursing</a> Facility confinement. Other limitations may apply. See the <a href="#">Plan</a> for further details.*

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need help recovering or have other special health needs	<a href="#">Durable medical equipment</a>	20% <a href="#">coinsurance</a>	Not covered	Orthotics 50% <a href="#">In-Network</a> . Must meet the <a href="#">Plan</a> definition of <a href="#">Durable Medical Equipment</a> *.
	<a href="#">Hospice services</a>			-----none-----
If your child needs dental or eye care	Children's eye exam	No charge for individuals under age 19		Limited to 1 exam per calendar year.
	Children's glasses	No charge for individuals under age 19		Lenses & Frames <b>or</b> Contact Lenses for children under age 19 are limited to once per Calendar Year.
	Children's dental check-up	No charge		Not subject to <a href="#">deductible</a> . Limit two dental check-ups per person per Calendar Year.

\*For more information about limitations and exceptions, see summary plan description (SPD).

#### [Excluded Services & Other Covered Services:](#)

Services Your <a href="#">Plan</a> Generally Does NOT Cover (Check your policy or <a href="#">plan</a> document for more information and a list of any other <a href="#">excluded services</a> .)		
<ul style="list-style-type: none"> <li>Acupuncture</li> <li>Bariatric surgery</li> <li>Infertility treatment</li> </ul>	<ul style="list-style-type: none"> <li>Long-term care</li> <li>Non-emergency care when traveling outside the U.S.</li> </ul>	<ul style="list-style-type: none"> <li>Routine foot care (unless <a href="#">Medically Necessary</a>)</li> <li>Weight loss programs (except those covered under ACA <a href="#">preventive care</a> guidelines)</li> </ul>
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <a href="#">plan</a> document.)		
<ul style="list-style-type: none"> <li>Chiropractic care (up to 24 manipulations per calendar year)</li> </ul>	<ul style="list-style-type: none"> <li>Cosmetic surgery (if as a result of a surgical procedure covered under the <a href="#">Plan</a>, an accident while covered under the <a href="#">Plan</a> or reconstruction due to a mastectomy)</li> </ul>	<ul style="list-style-type: none"> <li>Dental care (adult)</li> <li>Hearing aids</li> <li>Private-duty nursing</li> <li>Routine eye care (adult)</li> </ul>

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Other coverage options may be available to you too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your [Grievance](#) and [Appeals](#) Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: the Fund Office at 1-816-756-3313 or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

**Does this [plan](#) provide [Minimum Essential Coverage](#)? Yes**

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

**Does this [plan](#) meet the [Minimum Value Standards](#)? Yes**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

**Language Access Services:**

Para obtener asistencia en Español, llame al (816) 756-3313.

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*



## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$1,250
■ <a href="#">Specialist coinsurance</a>	20%
■ Hospital (facility) <a href="#">coinsurance</a>	20%
■ Other <a href="#">coinsurance</a>	20%

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
[Diagnostic tests](#) (*ultrasounds and blood work*)  
[Specialist](#) visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
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In this example, Peg would pay:

<a href="#">Cost Sharing</a>	
<a href="#">Deductibles</a>	\$1,250
<a href="#">Copayments</a>	\$10
<a href="#">Coinsurance</a>	\$2,300
What isn't covered	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$3,620</b>

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$1,250
■ <a href="#">Specialist coinsurance</a>	20%
■ Hospital (facility) <a href="#">coinsurance</a>	20%
■ Other <a href="#">coinsurance</a>	20%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)  
[Diagnostic tests](#) (*blood work*)  
[Prescription drugs](#)  
[Durable medical equipment](#) (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
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In this example, Joe would pay:

<a href="#">Cost Sharing</a>	
<a href="#">Deductibles</a>	\$1,250
<a href="#">Copayments</a>	\$300
<a href="#">Coinsurance</a>	\$100
What isn't covered	
Limits or exclusions	\$20
<b>The total Joe would pay is</b>	<b>\$1,670</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$1,250
■ <a href="#">Specialist coinsurance</a>	20%
■ Hospital (facility) <a href="#">coinsurance</a>	20%
■ Other <a href="#">coinsurance</a>	20%

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)  
[Diagnostic test](#) (*x-ray*)  
[Durable medical equipment](#) (*crutches*)  
[Rehabilitation services](#) (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
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In this example, Mia would pay:

<a href="#">Cost Sharing</a>	
<a href="#">Deductibles</a>	\$1,250
<a href="#">Copayments</a>	\$10
<a href="#">Coinsurance</a>	\$300
What isn't covered	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,560</b>